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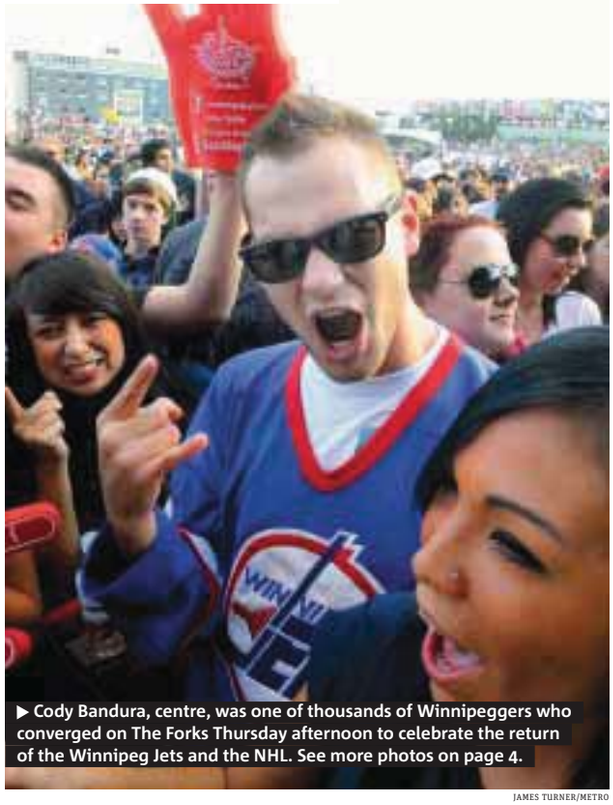

▶ Cody Bandura, centre, was one of thousands of Winnipeggers who converged on The Forks Thursday afternoon to celebrate the return of the Winnipeg Jets and the NHL. See more photos on page 4.

JAMES TURNER/METRO

Back where they belong

Review mental health law: Judge

- Recommendation relates to fatal shooting of schizophrenic man
- Circumstances of death 'cry out for government action'
- Revised law could see violent mental-health patients locked up

JAMES TURNER
@METRONEWS.CA

The province should review its laws and policies surrounding treatment for the mentally ill and the power of the government to enforce it, a Manitoba judge has recommended.

Judge Lee Ann Martin's findings come after a judicial inquest into the fatal police shooting of a paranoid schizophrenic who had a history of violent outbursts.

Ahmad Saleh-Azad was lawfully shot and killed in March 2007 by police officers responding to a stabbing call at the now-shuttered Madison Memorial Lodge in Wolseley.

The Madison provided meals and shelter for many disabled and mentally ill people but did not provide "support, supervision or services to its residents," Martin said.

"Mr. Saleh-Azad fell through the cracks at great cost: Two lives were lost ... and many others irreparably affected."
JUDGE LEE ANN MARTIN

Police arrived to find Saleh-Azad covered in blood after stabbing fellow resident Alexander Kolesnyk with a paring knife. Attempts by Madison staff to stop the attack failed.

Saleh-Azad walked toward officers and refused police demands to drop the knife. He was shot three times and killed. Kolesnyk was rushed to hospital where he died.

It is unknown how Saleh-Azad wound up living at the Madison. He went there after being discharged from a hospital psychiatric ward where he was admitted for outbursts of "unexplained" violent behaviour two years earlier, the inquiry heard.

While the first two years of his stay were uneventful, Saleh-Azad became "reclusive" in the month before his death and hit a care aide and a nurse on two separate occasions.

Saleh-Azad's psychiatrist upped his medication and noted he "was becoming psychotic," Martin said in her inquest report.

"Importantly, the psychiatrist felt there were no grounds to admit Mr. Saleh-Azad for an assessment under the Mental Health Act and Mr. Saleh-Azad refused to voluntarily admit himself for one," she said.

Follow-up appointments with the doctor and a community health worker continued.

About a month later, the stabbing and subsequent shooting took place.

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1 news

Scan the code for extended coverage of yesterday's provincial election.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

A day after Steve Jobs' death, impromptu memorial sites spring up outside Apple stores in Toronto and Montreal. Video at metronews.ca/video

No need to run away to the circus

ELISHA DACEY/METRO WINNIPEG

Manitoba Museum hall changed to interactive circus display

ELISHA DACEY
@METRONEWS.CA

There may not be elephants, but you can feel what (fake) elephant poop feels like.

It's just one of the many interactive exhibits now on display at the Manitoba Museum's latest exhibit, titled Circus! Science Under the Big Top.

While the goal is to understand the science behind circus staples like the flying trapeze, the entire exhibit is hands-on.

The display includes a chance for people to safely try a simulated flying trapeze and a tightrope walk. To do both, museum personnel strap would-be daredevils into a harness and safety lines.

Manitoba Museum spokesman Scott Young said the circus allows regular people to learn and see things that they normally wouldn't see, like elephants and giraffes.

Exhibits include

- High Wire
- Elastic Acrobatics
- Cicus Sideshow
- The Human Cannonball
- Circus Musician
- Juggling

"The problem is, of course, the circus didn't always do things, you know, legitimately," said Young, pointing to a display of a 'unicorn' skull and a speckled trout — a stuffed fish with sunglasses.

Circus! opens Friday at the Manitoba Museum. Young said all ages can enjoy the displays and exhibits, although the tight rope walk and trapeze is for kids about six years old and up. For more information visit manitobamuseum.ca.

See more photos and video at metronews.ca/Winnipeg.

▶ Charleswood resident Megan Kozun, 11, tries the tightrope walk.

School's still out

Kids attending Laura Secord School will have at least one more day off.

Classes are cancelled at the school for Friday as crews continue to clean up and toxicity tests can be performed. Once the air in the school is deemed safe, students will be allowed back into their classrooms.

Construction materials around part of the school caught fire Wednesday afternoon. The school suffered extensive smoke damage.

4 Three kids and one firefighter were sent to hospital, the kids as a precaution, the firefighter due to smoke inhalation.

It is unknown if students will return to school next week. METRO

News in brief

Man dead after rural crash

EAST OF MELITA. A Winnipeg man is dead after his car rolled on a rural Manitoba highway.

Virden and Melita RCMP were dispatched to the scene on Highway 3 four miles east of Melita on Thursday morning just after 8 a.m. There, they found a 2002 Ford pickup truck had rolled into the ditch.

The man, 25, was pronounced dead en route to hospital. His name will not be released. RCMP said alcohol and seat belt use were not factors in the accident. METRO

SJR mourns teen's death

SCHOOL. A prestigious Winnipeg private school is in mourning after one of its students collapsed on the school's soccer field Wednesday.

The student, identified by St. John's-Ravenscourt as Evan Dupuis in a letter to students and parents, collapsed while trying out for the Grade 11 soccer team. Use of the school's defibrillator and CPR were not enough to save the teen.

"We will truly miss Evan's good nature and subtle sense of humour," said the school's head, Stephen Johnson. METRO

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JENNA CUMBERS/FOR METRO

▶ Damage to a duplex is nearly half a million dollars after a possible arson.

Arson sends three to hospital

A possible arson has sent three people to hospital.

A duplex on the Elmwood street of Pike Crescent caught fire just after 4:30 p.m. on Wednesday afternoon. Winnipeg police said three people, two of whom were believed to be seniors, were sent to hospital with minor smoke-inhalation injuries.

Damage to the duplex is estimated to be $440,000. The cause of the blaze is unknown, but the Arson Strike Force is investigating. ● ELISHA DACEY

Polish community warned of fraud

Winnipeg Police are warning Winnipeg's Polish community to be aware of a fraudster who has managed to defraud several seniors of their money.

The man, who appears to speak fluent Polish, has targeted at least 13 elderly Polish women and requested money due to an urgent matter. In once instance, the man received $6,000.

Police are asking community members to dial *57 immediately after hanging up on the man to activate a call trace before calling police. Anyone who has or does receive similar calls should call police at 986-3912.

● ELISHA DACEY

Jets addicts fuel up for filmed trip

- Documentary aims to capture 'piece of history' as franchise returns
- Calgary cousins behind initiative to celebrate team, raise money for charity

JEREMY NOLAIS
@METRONEWS.CA
METRO CANADA IN CALGARY

It's all systems go for two Jets-fuelled Calgary hockey fanatics planning to film the NHL's return to Winnipeg — even if they can't find tickets to the home-opener Sunday.

"Any contest you can enter to win tickets has been entered," said a lively Marshall Stevenson, who will co-pilot a daunting Winnipeg Jets-themed road trip with his cousin Jeff starting Friday night.

Regardless, the Stevensons, who both lived in Winnipeg when the original Jets franchise left in 1996, are planning to head off this weekend in a sedan decked out to look like a jet.

Over the next two weeks, they will take in two Jets games in person while trekking more than 8,000 kilometres across 13 states.

The duo has also brought along a one-man film crew to create a documentary with the working title JET FUEL.

When asked how the new Jets would fare in their return season, both cousins appeared a little reluctant.

"I will say one thing," Jeff said. "The Jets will definitely be better than Toronto."

Believe in the goal

- Officially, the Stevenson cousins have tickets to the Winnipeg Jets games in Chicago Oct. 13 and Phoenix — the city where the previous franchise headed to — Oct. 15.
- The duo will host a send-off party at 6 p.m. Friday night at Melrose Café and Bar.
- Proceeds from the final Jet Fuel documentary will go towards Winnipeg charity Believe in the Goal, which supports youngsters battling cancer.

JEREMY NOLAIS/METRO

▶ Calgarian Jeff Stevenson, left, and his cousin Marshall are embarking on a treacherous road trip in honour of the new Winnipeg Jets franchise.

MADD CANADA

▶ Liquor Marts to sell non-alcoholic beverages.

Liquor Marts serving virgin drinks

Fancy a drink without the alcohol? The Liquor Mart has that.

The Manitoba Liquor Control Commission (MLCC) announced Thursday they now carry alcohol-free drinks, including coolers, wine and beer. The additional offerings come as part of their new mandate to provide socially-responsible alternatives under Manitoba's new liquor laws.

Winnipeg Liquor Marts now carry Margarita and Mohito coolers, sangria, and wines, all alcohol-free. One dollar from each purchase of these products will go to Mothers Against Drunk Driving Canada.

The MLCC also said they will carry an exclusive brand of alcohol-free beer, Krombacher, and Molson Excel.

● ELISHA DACEY

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Massive NHL kickoff party held at the Forks Thursday night ◆ Inward Eye, Bachmann-Turner, Three Days Grace provide the entertainment ◆ Tens of thousands flock to the party – with numerous police officers to keep an eye on revelers ◆ First regular season Jets game is Sunday night at the MTS Centre

ALL PHOTOS BY JAMES TURNER/METRO WINNIPEG

In the spirit of hockey ... Canadians unite

True fans

Photos running clockwise from the top:

▶ Despite the hot weather, a storm trooper brought greetings for Winnipeg from elsewhere in the galaxy.

▶ Winnipeg Jet Tanner Glass takes a moment to pose with kids involved in the North End Heroes Hockey Program.

▶ Samantha Sommerfield tries on a Jets uniform as part of NHL Face-Off celebrations at The Forks in Winnipeg on Thursday.

▶ Bassist and lead singer Dave Erickson of Winnipeg's Inward Eye rocks the crowd.

▶ Winnipegger David Jones shows off his favourite vintage Winnipeg Jets hockey card.

▶ Emma Elliott, 3, and her dad Eden celebrate the fact she'll grow up with an NHL hockey team in town.

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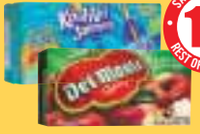

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CONTRIBUTED

▶ Those needing eye care can now get it at Siloam Mission.

Clinic a sight for sore eyes

Siloam Mission launches eye-care service for the poor and homeless
Already a long waiting list for people needing an appointment

ELISHA DACEY
@METRONEWS.CA

Siloam Mission has launched an optometry clinic for its guests — and it's completely free of charge.

"Most people that experience homelessness or poverty simply don't have access to eye care or can't afford going to an optometrist," said Siloam Mission executive Director Floyd Perras.

"The first thing to take a beating when you're living on the street is your health, and at the same time, one of the main things preventing you from moving forward when you're homeless is poor health. It's an endless cycle."

Siloam Mission has been offering free holistic care for several years, but has been unable to offer free eye care until recently, said Perras, citing the high cost.

But through donations from the Cardinal Foundation and INNOVAMED, Winnipeg volunteer optometrist Dr. Luke Small will see patients once a month. Pearle Vision in Winnipeg will provide glasses free of charge to those who need them.

"Now we're hoping for more volunteer eye doctors to come on board and volunteer just a few hours each year, so we can open the clinic on a more regular basis," Perras said.

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On the street

Did Steve Jobs change your life?

Shelby Kozub
31, WINNIPEG
"The iPod changed how we thought about music. He was a huge influence on everyone."

Raynor Ebanks
28, TRADER, NEW JERSEY
"I'd go to Best Buy to get CDs, and now I go to iTunes. It's now changed media for me."

Wesley Koetje
21, SHOP ASSISTANT, AMSTERDAM
"No, I just have an iPod. Apple is a good brand, but if Jobs hadn't developed it, someone else would."

Carol Orbant
45, HOUSEWIFE, LONDON
"He changed our way of life. He changed the way we interact, with products like the iPad."

PAUL CHIASSON/THE CANADIAN PRESS

▶ A woman walks past a memorial for Apple co-founder and former CEO Steve Jobs as she enters an Apple Store yesterday in Montreal. Jobs died Wednesday at the age of 56.

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LIFE PERFORMED LIVE

Jobs' vision hailed by Canadian tech industry

Apple co-founder's work made current app boom possible, Canadian companies say ◐ Memorials pop up outside Apple stores across the country

Canada's app developers, who have made everything from games to cooking to sports applications for the iPhone and iPad, recalled on Thursday how Apple founder Steve Jobs gave them a livelihood and a purpose.

"At its core, there wouldn't be anything that we're doing without the App Store, without the iPhone, without Steve," Kerry Morrison, CEO of Vancouver-based app developer EndLoop, said yesterday.

"Every single person in here — their livelihood, the homes that they've bought, the cars that they drive — everything has been paid for by what he has done," Morrison said of EndLoop and sister company Massive Damage, which employ 14 people.

Jobs, 56, died Wednesday after a battle with cancer.

Condolences poured in from across the country, from users of the popular iPhone, iPod and iPad products, to the executives of Canadians companies who have either struggled to compete with Apple's cutting-edge products or benefited from their popularity.

"Steve Jobs was a great visionary and a respected competitor," Mike Lazaridis and Jim Balsillie, co-CEOs of rival Research in Motion, said in a statement.

RIM, developer of the BlackBerry smartphone, has arguably suffered the most from the rise of the iPhone, but also helped build an audience for the phone technology that Apple cultivated further.

Nokia chief executive Stephen Elop, a graduate of McMaster University in Hamilton, reacted on his Twitter account.

> **"Steve's passion for simplicity and elegance leaves a legacy that will endure."**
> STEPHEN ELOP, NOKIA CEO

"Steve's passion for simplicity and elegance leaves a legacy that will endure," said Elop, who was born in Ancaster, Ont.

Nokia Corp., once the world's dominant cellphone maker, has been overtaken by its chief rival Apple, whose iPhones sold more than all Nokia smartphone models during the second quarter.

For Morrison, Apple's App Store has given developers a tool for worldwide access to consumers who want to download all kinds of software applications. EndLoop has sold a few hundred thousand copies of its business app iMockup, he said.

"We have access to a massive global market and that's the true value for us and everything that we do. Being able to sell locally is great. Being able to sell nationally is even better. But to sell globally, that's what makes everything possible."

Canada's music community, where Apple has changed the way music is sold with its digital downloads, also reacted to the news.

Niagara Falls-born electronic producer Deadmau5 tweeted that Jobs was a "visionary."

Timmins, Ont.-born pop musician Lights also took to her Twitter account to respond.

"My timeline is filling up with blessings for the late Steve Jobs," she wrote.

THE CANADIAN PRESS

More coverage {page 11}

PLANT WORKERS INJURED

Explosion rocks refinery in Regina

Ten workers were injured Thursday when a pipe leaking diesel fuel and hydrogen gas caught fire at a crude oil refinery in Regina and sent an explosion tearing through part of the plant.

The fire at the Consumers' Co-operative Refineries facility on the north edge of Regina began shortly after 2 p.m. Witnesses say it sent flames soaring into the air and a plume of thick, black smoke could be seen from several kilometres away.

Eight of the injured were taken to hospital with burns, although safety manager Gilbert Ledressay couldn't say how badly they were hurt. Two workers were treated on the site.

Officials are trying to determine how the blaze started. THE CANADIAN PRESS

Cast-offs attacking fellow Amish: Sheriff

A group of religious castoffs has been attacking fellow Amish, cutting off their hair and beards in an apparent feud over spiritual differences in the deeply traditional community, a sheriff in eastern Ohio said Thursday.

Members of a group of families disavowed by mainstream Amish have cut the beards off men and the hair off a half-dozen or more men and women, Jefferson County Sheriff Fred Abdalla said. He said the cutting apparently was meant to be degrading.

The attacks occurred over the past three weeks in the heart of Ohio's Amish population, one of the largest in the United States.

No charges have been filed, but several victims suffered minor injuries, Abdalla said. THE ASSOCIATED PRESS

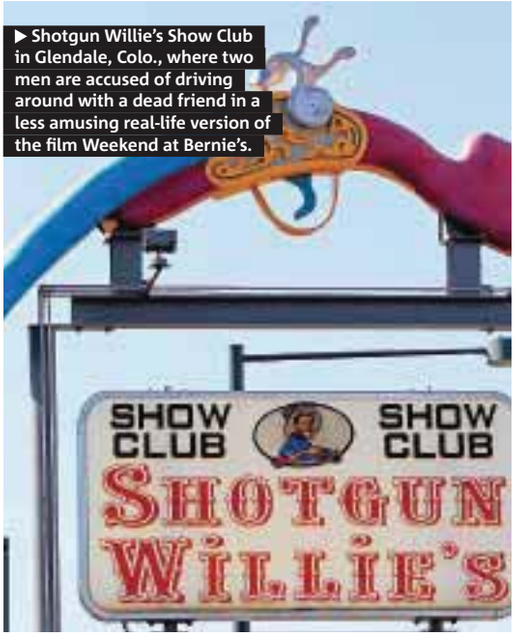
'Can't do a thing'

The investigation has been hampered by the traditional reluctance of Amish to turn to law enforcement.

- Abdalla said it was frustrating. "You see this crime being committed, and I'm sitting here with my hands tied," he said. "I can't do a thing."

No Weekend at Shotgun Willie's, says accused

ED ANDRIESKI/THE ASSOCIATED PRESS



▶ Shotgun Willie's Show Club in Glendale, Colo., where two men are accused of driving around with a dead friend in a less amusing real-life version of the film Weekend at Bernie's.

Life imitates art?

Young rejected comparisons to the plot of the 1989 movie Weekend at Bernie's.

- He said the ordeal only lasted four hours, and insisted there was no comparison to the movie.
- "It's not a joking matter. He deserves better than that," Young said.
- In the 1989 Hollywood comedy, two men find their boss dead at his ritzy beachfront home and escort his body around town, attempting to save the weekend of luxury they had planned.

Men allegedly hit the town on dead buddy's dime, leaving his body in car

A man accused of driving around Denver with a dead friend in the back of a car and running up a bar tab on the friend's account says he thought the man was drunk, not deceased.

Robert Young, 43, faces charges including abusing a corpse. He spoke before a court hearing Thursday in Denver.

Investigators allege Young and Mark Rubinson, 25, drove around with the body of their 43-year-old friend Jeffrey Jarrett in their car in August.

According to police reports, the night on the town started when Young went to Jarrett's home and found him unresponsive.

But rather than call the authorities, police say, Young went to find Rubinson.

The duo returned to Jarrett's home and put him into Rubinson's SUV and headed to a bar where they spent more than an hour drinking, leaving Jarrett's body in the vehicle, according to police records.

Police say the two men used Jarrett's card to pay for the drinks on Aug. 27, noting "they did not have Jarrett's consent."

"In my mind, I wanted to believe he was passed out. I didn't want to call 911 ... I didn't want to believe he was dead."
ACCUSED ROBERT YOUNG

Young said he realized Jarrett was dead while leaving the bar and the two men took him back to his home after notifying police. They then went to a strip joint, where Young took $400 from an ATM, police said.

Young said Jarrett owed him money and gave him his credit card.

Rubinson and Young aren't charged in Jarrett's death.

Young was scheduled to be arraigned Thursday, but his attorney was granted an extension to Nov. 3 after she told the judge that authorities are still waiting for the results of an autopsy to determine how and when Jarrett died. THE ASSOCIATED PRESS

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Caffeine capped in energy drinks

Feds announce new rules for drink makers
Changes include limits on caffeine levels, labelling

The federal government will impose limits on the amount of caffeine that energy drinks may legally contain, Health Minister Leona Aglukkaq said Thursday, but won't restrict where they may be sold.

Ottawa also plans to require manufacturers to provide consumers with more information about high-caffeine beverages, Aglukkaq said.

Her announcement stopped short of recommendations by the Expert Panel on Caffeinated Drinks convened by Health Canada. It had called for energy drinks to be sold over the counter in pharmacies, like painkillers and other medications.

"I believe today's changes will be especially helpful to the parents of teenagers who regularly consume energy drinks," Aglukkaq said.

Until now, energy drinks — like Red Bull, Monster Energy and Rock Star — were not required to display a nutritional facts table.

The change means that most energy drinks will be classified as a food, which means nutritional facts must be displayed on every can.

They had previously been classified as natural health products.

The government anticipates the transition in labelling will take between 18 and 24 months.

The change brings Canadian labelling in line with the United States and European countries.

Aglukkaq made her announcement on the energy drink plan at the University of Ottawa sports complex.

"As a parent, I need to have access to as much information as possible, to help us as a family make decisions when it comes to what we eat and drink," Aglukkaq said.

She said the changes are aimed at making it easier for parents to monitor their children's caffeine intake. THE CANADIAN PRESS

Marching. On

▶ A girl has a paper that reads "Don't touch me" pinned to her outfit in Bucharest on Thursday during the Romanian version of the SlutWalk march.

VADIM GHIRDA/THE ASSOCIATED PRESS

Making a statement

The SlutWalk was the first of its kind in Romania, a country where it is still quite widely believed that sexual-aggression victims bear at least some responsibility for being targeted.

Budget officer blasts Ottawa's crime bill cost estimate

Parliament's independent, non-partisan budget officer is accusing the federal government of "total obfuscation" on the cost of new criminal justice changes to provincial budgets.

Kevin Page says a two-page summary released by Conservative Public Safety Minister Vic Toews doesn't serve the needs of parliamentarians or the Canadian public. The government estimate of the cost includes no methodology, no supporting information and no provincial costs, he says. THE CANADIAN PRESS

$2.7B
The Conservatives say their massive new omnibus crime bill will cost $2.7 billion over five years.

Quebec congregation to pay sexual-abuse victims $18M

A major Roman Catholic organization has agreed to pay up to $18 million in a historic compensation agreement for sexual abuse committed over several decades in Quebec.

The Congregation of Holy Cross has said it will issue an apology and financial compensation for abuses at three different institutions between 1950 and 2001.

The assaults occurred over that entire period at College Notre-Dame in Montreal, and over shorter periods at two other institutions.

The announcement comes after a mediation process launched last December by the congregation and by representatives for the victims.

They had been preparing a class-action lawsuit against the congregation.

Details of the settlement stipulate that victims are eligible for compensation whether they were abused by a clergy member, or by a secular employee of the congregation.

"I am truly pained by these transgressions and apologize, on behalf of the Congregation of Holy Cross, for all of the pain and suffering this abuse has inflicted on the victims," said Jean-Pierre Aumont, the Canadian provincial superior of the congregation.

PAUL CHIASSON/THE CANADIAN PRESS

▶ Victim Sebastien Richard, vice-president of the victims' committee.

85
At least 85 people are thought to be available for compensation ranging from $10,000 to $250,000.

"Damage was done, and we have taken measures to repair them. We hope that the victims will finally be able to throw off the veil of silence, heal from their wounds as best as possible and fully embrace their future." THE CANADIAN PRESS

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Jobs known for following gut instinct

The world has lost an amazing human being: New Apple CEO Tim Cook

ELISABETH BRAW
NEWS@METRONEWS.CA
METRO WORLD NEWS IN LONDON, U.K.

Steve Jobs, born in California 56 years ago, achieved the kind of domination that eluded the Soviet Union.

Apple's initial goal, however, was quite modest. "We didn't think that computers would be able to play sophisticated games, play songs or do video editing, or even that the Internet would exist," said Steve Wozniak, who co-founded Apple with Jobs.

"We thought people would use computers at home for very simple things, like organizing their recipe collection."

Jobs didn't use consumer focus groups, but trusted instinct. "Steve leaves behind a company that only he could have built, and his spirit will forever be the foundation ..." wrote Apple CEO Tim Cook in an email to the staff.

JOBS AT HEART OF APPLE

Tech columnist Dan Gillmor has covered Apple for two decades.

What would Apple be had Jobs not returned?
Nowhere near where it is now. Apple's success would not have happened without Steve Jobs.

What was his genius as a leader?
He was charismatic and built a brilliant team, and he had the ability to persuade others about the power of things. He also had an incredibly instinct for design, and instinctively knew what people would like ....

How does Bill Gates compare to Steve Jobs?
Microsoft makes good products, but nobody would argue that Windows and Microsoft Office have the elegance that Apple products do.

Where does Apple go now?
They have momentum that will carry them a long way, but the company will have to change. The big question, of course, is how it will change.

METRO WORLD NEWS

Market moment

TSX	Dollar	Oil	Natural gas 1,000 cu ft	Gold
+ 322.85 (11,780.07)	+ 0.22¢ (96.36¢ US)	+ $2.91 US ($82.59 US)	$2.9 (– 3.54¢)	$1,653.20 (+ $11.60)

PREVIOUS DAY'S TRADING

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AGAINST MY BETTER JUDGEMENT

THE METRO LIST

MIKE BENHAIM
METRO

1 Ice dreams: The beginning of the NHL season is a wonderful optimistic time. Just yesterday someone in Toronto said, "The Leafs are going all the way!" The fact that he was drunk at 11 a.m. and seemingly hadn't showered since last season did not diminish his enthusiasm. Here's to bringing the cup back to Canada!

2 Yeah, baby!: Congratulations to Mike Myers and wife Kelly Tisdale on the birth of their baby boy last week. They named him Spike Myers. Once again, comedians never know where to draw the line. Good luck in preschool, Spike.

3 What the Hell: Avril Lavigne played to a sparse crowd at Rogers Arena in Vancouver this week, but no biggie for such a poised professional. Now an introspective divorcee with her own line of clothing and fragrance, she delighted parents whose kids would bear witness to Avril's patriotic cheers. "It's pretty badass to be back in Canada. We're going to need you to go f–ing crazy!" Sniff, our little girl's all growed up.

4 Congratu...wha?: The Nobel Foundation broke protocol by granting McGill grad Ralph Steinman the coveted prize for research that produced treatments for cancer and HIV, among others. The statute prohibits granting the award posthumously, but it wasn't until three hours after the award was announced that Nobel officials found out Steinman had succumbed to cancer two days earlier. Is this guy lucky or what?

5 Gun-shy: A report written by Caillin Langmann at McMaster University suggests that gun-control legislation is not responsible for Canada's reduction in firearm homicides. Langmann, who opposes strict gun laws, credits social programs and demographic shifts for the change. I think he's saying that people should have firearms but should be open to other forms of violence before resorting to them.

6 Feist-y: Canadian sweetheart Feist has emerged from a two-year hiatus with an impressive album, Metals. She took a rest after going full-speed for most of the 2000s, then compiled her new CD, spent weeks in Paris mixing it, then a while in London for mastering, and is already earning critical acclaim and money. Have I made the wrong career choice? I blame my parents.

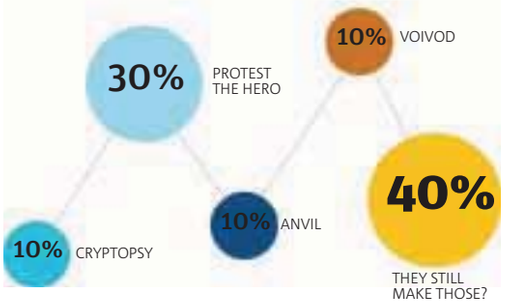
7 Ordinary people: The 18-year-old, identity-protected young murderer from Medicine Hat is now rehabilitated. For those who don't know: At 12-years-old, she helped her 23-year-old boyfriend kill her parents and eight-year-old brother because they opposed the relationship (so strict). Now, after six years at a young-offenders centre, she is deemed "low-risk" for future violence. Apparently, intensive therapy has brought her to the realization that offing the family may have been a tad harsh. Where is Jerry Springer when you need him?

8 Oh, Canada: It seems like only yesterday I was heading to the polls to cast my vote for what I call "the party of least reluctance." But I am not ashamed to admit that I will proudly support anyone that throws me the slightest bone, even while ignoring my needs and misrepresenting my wishes. And I am not the only one who's married?

More from Mike Benhaim at metronews.ca/backbeat

Panel
Register at metropolitanpanel.ca and take the quick poll

What band should win the Juno in the newly created metal/hard rock category?



Local tweets

- **@Lindee Mik:** Dear Mother Nature, Please remember us in January and wrap your warm embrace around us then. Sincerely Linda 28c=82f #winnipeg in October
- **@wpgsbestmtg:** Okay #winnipeg let's tweet #gojetgo on every tweet until gametime Sunday"
- **@JDBeerGuy:** checked in for my flight to Winnipeg,off to see the home opener for the Jets, I apologize in advance for the many drunken tweets you'll see.
- **@emilovely:** A summer dress and sandals on oct 6! I love you #winnipeg
- **@BrianHuddle:** I just realized... Little-Burmistrov-Scheifele. Boy do they like those Barrie kids in Winnipeg.
- **@mariuch25:** I see "RIP Steve Jobs" signs all around Winnipeg. Goes to tell you what an impact the man has had #iSad
- **@BuckyHermit:** I'm getting a kick out of how many people are predicting that the Atlanta Thrashers of Winnipeg will finish in the top 5 in the East.
- **@domenicotodaro:** I guess #global warning is not bad for #winnipeg

Letters

RE: Paul Sullivan's column published Oct. 5, Nobody's right if everybody's wrong

Sublimely pointless article written by an out-of-touch, capitalist sycophant.

This writer has obviously given up on life, truth, justice and good journalism. There are young people out there who will never get the chances he takes for granted based on his generation's bad choices. The article was pointless, meandering, by an over-the-hill curmudgeon. Get him to his porch and rocking chair and let someone who still lives life write in this wasted space.

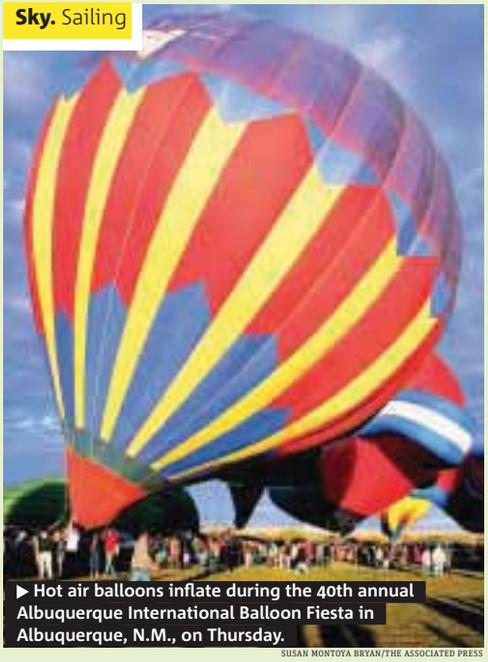
STEVEN DEBUS, TORONTO

RE: John Mazerolle's column published Oct. 6, Let's talk about birds and bees

In the last few years, huge efforts have been made to try and deal with negative self-image amongst young women. And you publish this? A rude, ignorant, offensive statement which sets back the fight and is hurtful to all the overweight women who read this paper.

VICTORIA GOODFELLOW TORONTO

Sky. Sailing



▶ Hot air balloons inflate during the 40th annual Albuquerque International Balloon Fiesta in Albuquerque, N.M., on Thursday.

SUSAN MONTOYA BRYAN/THE ASSOCIATED PRESS

Photo of the day

Dozens of specially shaped balloons inflated Thursday morning, but gusty conditions prevented them from lifting off. The nine-day Albuquerque International Balloon Fiesta wraps up Sunday.

WEIRD NEWS

Does God hate non-iPhone tweeting?

Members of fundamentalist Westboro Baptist Church announced plans to picket Steve Jobs' funeral — from an iPhone.

Shortly after news of the Apple founder's death Wednesday night, Margie Phelps, daughter of the church's founder, used one of Apple's iconic devices to tweet the family-run church's intention to protest at Jobs' funeral.

"Westboro will picket his funeral. He had a huge platform; gave God no glory & taught sin," she tweeted.

The message was retweeted by other iPhone-wielding Phelps family members who make up the small but controversial church.

On Thursday, Phelps responded to criticism over her use of an Apple product to send out the messages.

"Rebels mad cuz I used iPhone to tell you Steve Jobs is in hell. God created iPhone for that purpose!" she wrote.

The Kansas-based church is infamous for mounting attention-getting anti-gay protests outside military funerals.

TORSTAR NEWS SERVICE

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Synopsis

- Ides of March focuses on Stephen Myers (Ryan Gosling), an idealistic campaign manager who'd do anything to win, as long as he truly believes in the candidate. He is devoted to Governor Mike Morris (Clooney), a candidate in the Democratic primary. The first hour is spent getting into the campaign, learning the machinations of a big league primary run. Clooney sets up the themes of the piece before taking a right turn (story-wise) into different territory.

- **Ratings:**
  Richard: ●●●½
  Mark: ●●●●

▶ Phillip Seymour Hoffman and George Clooney in Ides of March.

Reel Guys

RICHARD CROUSE & MARK BRESLIN
SCENE@METRONEWS.CA

Packing a political punch

Ides of March is a smart, sophisticated look at power and politics, with great acting Viewers will be left wondering how many Oscar nominations it will get

Richard: Mark, I'm not going to give away the twist, but it is really then that the movie picks up steam. The first hour is good stuff, with its great acting from Paul Giamatti and Phillip Seymour Hoffman and a fascinating, if occasionally dry, look at life in the political fast lane. Then comes the blackmail, the meetings in darkened stairwells and double-crossing journalists and it becomes something darker and more interesting.

Mark: Richard, the movie had me from the opening scenes. Well-acted, great script; a smart and sophisticated film about power and politics. I knew there had to be a twist, but I liked it even before the twist. Personally, I didn't find it dry at all, but I follow political campaigns the way that most people follow sports. But you're right; once it becomes a cat and mouse game it really gets exciting.

RC: To me it feels like a sexed-up All the President's Men, a movie filled with good-looking movie stars that still packs a serious punch. Gosling impresses as he makes his way from idealism to stark realism, and Clooney looks like he was born to sit in an oval office. But it is the supporting cast who really shine. What did you think of Giamatti and Hoffman?

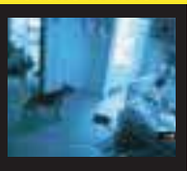
MB: Brilliant, both of them! But don't leave out Marisa Tomei and Evan Rachel Wood in smaller but crucial roles. Another thing about the movie that impressed me was that although the film was based on a play, it didn't feel "stagey" as a lot of these adaptations do. Clooney really opened it up and at no time did I think I was watching what had once been a play. And I'll put you on the spot — how many Oscar nominations do you think the movie will get?

RC: We're looking at a few nominations overall and maybe a win for either Giamatti or Hoffman. They both reek of the backroom, the kind of guys who invisibly pull the strings. I also thought Clooney did some good work here. If his character leans any further left he'll topple over, but it's not a love letter to the left. If anything the movie levels the playing field between the Democrats and Republicans, suggesting they're cut from the same cloth.

MB: The movie raises Clintonian ethics issues — can a politician be deeply flawed in his private life and yet be the most skilled and humane legislator in the field? And then it goes further to suggest that moral corruption is inevitable. How could I not love this flick?

2 scene

Scene in brief



Paramount Pictures is launching a global "Tweet To See It First" promotion, which will bring Paranormal Activity 3 to 20 cities across the world on Oct. 18 — three days before the film's global release. Head to ParanormalMovie.com for info on how to represent your city. The competition ends next Thursday. METRO

Oscar organizers aim to create world-class film exhibition at site of L.A. art museum.

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Movie horror in a parka

SUBMITTED

▶ Mary Elizabeth Winstead

NED EHRBAR
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METRO WORLD NEWS IN HOLLYWOOD

With titles like Final Destination 3, the Ring Two and Black Christmas in her filmography, actress Mary Elizabeth Winstead is no stranger to on-screen horror. So a prequel to the Thing was right up her alley. Plus, the Antarctic setting didn't allow for much in the way of revealing costumes, which is something Winstead says she appreciated, considering how female characters tend to be portrayed in the horror and science fiction worlds.

She shared her rather frank opinions on the topic with Metro, as well as her unique connection to the star of the original 1982 the Thing.

So, you've tangled with Kurt Russell in Sky High, sang with him in Death Proof and now you're in the prequel to one of his films.

I know! I'm always following Kurt Russell, for some reason.

Has he seen this yet?

I have no idea. I mean, he's so not a show business type guy that I wouldn't be surprised if he didn't know that this exists. He probably in passing has heard about it, but I doubt he's worrying about it too much.

How did you feel about this being a prequel?

Knowing that it was from Strike Entertainment, it was a clue that these were the kind of people — from their past work like Dawn of the Dead — they have a grasp on how to take material and make something new out of it that's still respectful and interesting and not just a retread that's more modern and more schlocky than the first one that came around.

Comparisons to Sigourney Weaver's character in Alien is almost inevitable here.

I love them. I have a particular fondness for strong women on screen who are also realistic. It's really fun to see women kicking ass and being super-powerful, but at the same time I feel like there's this niche that we don't see of women who are just realistically strong and smart and take care of themselves but aren't beating up guys twice their size and knocking them out — things that just wouldn't happen in the real world.

It's interesting that filmmakers seem to think female characters have to be at one end of the spectrum.

Right. It's so shocking to me that there aren't more realistic female characters out there, because we make up half the population. Why is everything so dominated by what guys want to see? Every female character in a movie is over-sexualized or she's played as shrill and neurotic or something that's a very male perspective on different types of women that are out there.

I feel like a lot of actresses, when they play a super-sexual character, they're like, "No, this is empowering and women owning our sexuality" and stuff. I get that, but I don't feel like that's what we're really seeing.

A few facts

- **Vital stats:** Raised in Salt Lake City, Winstead, 26, was trained as a singer and ballet dancer before turning to acting, garnering attention for her role in superhero spoof Sky High.
- **Cult status:** Winstead is beloved by geeks the world over for playing hair dye-loving object of affection Ramona Flowers in 2010's Scott Pilgrim vs. the World.

Remaking a teen classic

Director Craig Brewer treads carefully in his version of Footloose

SUBMITTED

▶ Kenny Wormald and Julianne Hough in Footloose.

RICHARD CROUSE
SCENE@METRONEWS.CA

The names Ren and Ariel are touchstones for a generation. In the teen classic Footloose, big city boy Ren (Kevin Bacon) romanced Ariel (Lori Singer) and brought the boogie back to the small town of Bomont, Georgia.

Despite bad reviews, the story of teen rebellion and two-stepping struck a chord with audiences.

Director Craig Brewer knew his new big-screen version had to tread carefully, reinventing the characters without losing what made them popular.

"I think all of my cast members were able to occupy the characters without there being any sort of mimicry or impersonation of the original," he says.

The project has had big names like Zac Efron attached, but Brewer decided to go a different way.

"...I resisted having Ren McCormack being played by a 'movie star' because then you get all the baggage of their other movies tied into this one," he says.

Kenny Wormald, a choreographer and dancer, won the role after a recommendation from Justin Timberlake. For Ariel, Brewer cast the more established Julianne Hough, best known as a Dancing with the Stars champion.

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Movie reviews See it twice ●●●●● | See it now ●●●● | Worth watching ●●● | Yawn ●● | Don't bother ●

Real Steel
Genre: Fantasy
Director: Shawn Levy
Stars: Hugh Jackman
●●●
For a family-friendly fantasy flick — even one about robots pummeling each other — Real Steel opens with some pretty questionable action. We meet down-on-his-luck Charlie (Hugh Jackman) pitting his robot boxer, Ambush, against a live bull at a state fair.

The film is set in a not-too-distant future when audiences' thirst for violence made human boxing obsolete in favour of the more brutal robot variety, but there's just something about watching an animal getting punched in the face that doesn't quite sit right. It doesn't help that the rest of the film's tone is actually safely in the family-friendly zone.

Robot-on-bovine violence aside, Real Steel works, minus a few bugs. The boxing itself is a marvel, with the clashing metal titans feeling incredibly real.

As for the humans, Jackman plays Charlie with just enough charm that we root for him, despite him being a pretty lackluster businessman, father and human being.

About that father bit: Charlie takes on his estranged 11-year-old son (Dakota Goyo) for a summer on the road.

Unfortunately, the film relies a bit too heavily on Goyo, possibly to distract from Jackman's character's less-than-heroic actions. And the less said about the boy's dancing, the better. ● NED EHRBAR

Cave of Forgotten Dreams
Genre: Documentary
Director: Werner Herzog
Stars: Werner Herzog, Dominique Baffier, Jean Clottes
●●●½
Another hypnotically eerie documentary from Werner Herzog, complete with the director's signature narration that alternates from philosophical inquiry to sardonic jabs.

His subject is the Chauvet cave, which boasts the oldest known cave paintings and sealed off to all but a few scientists for fear of contamination. Herzog films in 3D, allowing audiences to see how the ancient paintings interact with the jagged walls.

The imagery is remarkable and he pads the running time with spear-throwing lessons.
● PHIL BROWN

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- Peter Travers
The New York Times
"DOWNRIGHT ELECTRIFYING."
- A.O. Scott
Entertainment Weekly
"GRIPPING AND PROVOCATIVE."
- Owen Gleiberman
THE NEW YORK OBSERVER
"'THE IDES OF MARCH' SOARS."
- Rex Reed
RYAN GOSLING GEORGE CLOONEY PHILIP SEYMOUR HOFFMAN PAUL GIAMATTI MARISA TOMEI JEFFREY WRIGHT AND EVAN RACHEL WOOD
THE IDES OF MARCH
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WINNIPEG

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30 Minutes or Less (14A) Fri-Thu 3:35-9:10
Bridesmaids (14A) Fri-Thu 9:20
Captain America: The First Avenger (PG) Fri-Thu 1:30-4:40-7:30-10:15
Cars 2 3D (G) Fri-Thu 12:55-3:50-6:40-9:30
The Change-Up (14A) Fri-Thu 1:05-3:40-6:50
Cowboys & Aliens (14A) Fri-Thu 1:20-4-7-9:40
Harry Potter and the Deathly Hallows: Part 2: 3D (PG) Fri-Thu 12:45-4-7:10-10:10
Horrible Bosses (14A) Fri-Thu 3:20-6:30-9
Kung Fu Panda 2 (PG) Fri-Thu 1
Mr. Popper's Penguins (STC) Fri-Thu 1:10-6:20
Our Idiot Brother (14A) Fri-Thu 2-4:30-7:40-10
Rise of the Planet of the Apes (PG) Fri-Thu 1:50-4:20-7:50-10:20
The Smurfs (G) Fri-Thu 1:40-4:10-7:20-9:50
Spy Kids: All the Time in the World in 4D (STC) Fri-Thu 12:50-3:30-6:10-8:50
Transformers: Dark of the Moon (PG) Fri-Thu 1:25-4:45-8

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Captain America: The First Avenger (PG) Fri 4:30-7:10-9:50 Sat-Mon 1:40-4:30-7:10-9:50 Tue-Thu 5:40-8:20
Cars 2 (G) Fri 4-6:30-9 Sat-Mon 1:10-4-6:30-9 Tue-Thu 5-7:40
Harry Potter and the Deathly Hallows: Part 2 (PG) Fri 3:50-7-9:50 Sat-Mon 1-3:50-7-9:50 Tue-Thu 4:50-7:50
Our Idiot Brother (14A) Fri 4:50-7:20-9:40 Sat-Mon 1:50-4:50-7:20-9:40 Tue-Thu 5:30-8
Rise of the Planet of the Apes (PG) Fri 4:40-7:30-10 Sat-Mon 2-4:40-7:30-10 Tue-Thu 5:50-8:10
The Smurfs (G) Fri 4:20-6:40-9:10 Sat-Mon 1:20-4:20-6:40-9:10 Tue-Thu 5:20-7:40
Snow Flower and the Secret Fan (PG) Fri 4:10-6:50-9:30 Sat-Mon 1:30-4:10-6:50-9:30 Tue-Thu 5:10-8:10
Yaara O Dildaara (PG) Fri 3:40-6:20-9:20 Sat-Mon 12:50-3:40-6:20-9:20 Tue-Thu 4:40-7:30

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City Cinema - Northgate
1399 McPhillips, 204-334-6234

Listings not available at press time.

▶ Brad Pitt's acting is effortless in Moneyball.

Famous Players Kildonan Place
1555 Regent Ave W, 204-663-2166

Abduction (14A) Fri 3:50-6:40-9:10 Sat-Mon 1:10-3:50-6:40-9:10 Tue-Thu 5:50-8:10
Dolphin Tale (G) Fri 4-6:50-9:20 Sat-Mon 1:20-4-6:50-9:20 Tue-Thu 5:50-8:20
Drive (18A) Fri 4:10-7:10-9:40 Sat-Mon 1:30-4:10-7:10-9:40 Tue-Thu 6-8:40
The Help (PG) Fri 3:40-6:40-9:40 Sat-Mon 12:40-3:40-6:40-9:40 Tue-Thu 6:50
Moneyball (PG) Fri 3:40-6:30-9:30 Sat-Mon 12:40-3:40-6:30-9:30 Tue-Thu 5:40-8:30
Real Steel (PG) No Passes Fri 3:50-7-9:50 No Passes Sat-Mon 12:50-3:50-7-9:50 No Passes Tue-Thu 5:30-8:20

Grant Park 8 Cinemas
1120 Grant Ave., 204-453-4084

50/50 (14A) Stadium Seating, Dolby Stereo Digital Fri 3:45-7:10-10:10 Stadium Seating, Dolby Stereo Digital Sat-Mon 12:50-3:45-7:10-10:10 Stadium Seating, Dolby Stereo Digital Tue-Thu 3:45-7:10-10:10
Cave of Forgotten Dreams 3D (G) Stadium Seating, Dolby Stereo Digital Fri 4:10-6:55-9:20 Stadium Seating, Dolby Stereo Digital Sat-Mon 1:20-4:10-6:55-9:20 Stadium Seating, Dolby Stereo Digital Tue-Thu 4:10-6:55-9:20
Dream House (14A) Stadium Seating, Dolby Stereo Digital Fri 4:15-7:15-10:15 Stadium Seating, Dolby Stereo Digital Sat-Mon 1:30-4:15-7:15-10:15 Stadium Seating, Dolby Stereo Digital Tue 4:15-7:15-10:15 Stadium Seating, Dolby Stereo Digital Wed-Thu 4:15-10:15
The Help (PG) Stadium Seating, Dolby Stereo Digital Fri 3:15-6:30-9:45 Stadium Seating, Dolby Stereo Digital Sat-Mon 12:20-3:15-6:30-9:45 Stadium Seating, Dolby Stereo Digital Tue-Thu 3:15-6:30-9:45
The Ides of March (14A) Stadium Seating, Dolby Stereo Digital Fri 3:50-7-9:40 Stadium Seating, Dolby Stereo Digital Sat-Mon 1-3:50-7-9:40 Stadium Seating, Dolby Stereo Digital Tue-Thu 3:50-7-9:40
Moneyball (PG) Stadium Seating, Dolby Stereo Digital Fri 3:30-6:40-9:50 Stadium Seating, Dolby Stereo Digital Sat-Mon 12:30-3:30-6:40-9:50 Stadium Seating, Dolby Stereo Digital Tue-Thu 3:30-6:40-9:50
Real Steel (PG) Stadium Seating, Dolby Stereo Digital, No Passes Fri 3:40-6:50-10 Stadium Seating, Dolby Stereo Digital, No Passes Sat-Mon 12:40-3:40-6:50-10 Stadium Seating, Dolby Stereo Digital, No Passes Tue-Thu 3:40-6:50-10
What's Your Number? (14A) Stadium Seating, Dolby Stereo Digital Fri 4-6:45-9:30 Stadium Seating, Dolby Stereo Digital Sat-Mon 1:10-4-6:45-9:30 Stadium Seating, Dolby Stereo Digital Tue-Thu 4-6:45-9:30

IMAX Theatre at Portage Place
Y003-393 Portage Avenue, 204-956-4629

Born to Be Wild 3D (G) Tue 12:30 Wed-Thu 1:30
Egypt 3D: Secrets of the Mummies (STC) Tue 11:10
Harry Potter and the Deathly Hallows - Part 2: An IMAX 3D Experience (PG) Fri-Sun 1:45-5:30 Mon 1:15
The Human Body (STC) Tue 10
Tornado Alley 3D (G) Fri-Sun 4:15 Mon 12-5 Wed-Thu 11
The Ultimate Wave Tahiti 3D (STC) Fri-Sun 12 Mon 3:45 Wed-Thu 12:15

Landmark Globe Cinema
393 Portage Ave, 204-943-1583

50/50 (14A) Fri 7:10-9:20 Sat-Mon 1:10-3:20-7:10-9:20 Tue-Thu 7:10-9:20
The Ides of March (14A) Fri 7:20-9:30 Sat-Mon 1:20-3:30-7:20-9:30 Tue-Thu 7:20-9:30
Moneyball (PG) Fri 7-9:40 Sat-Mon 1-3:40-7-9:40 Tue-Thu 7-9:40

Landmark Towne Cinema 8
301 Notre Dame Avenue, 204-947-2848

Abduction (14A) Fri 6:45-9:15 Sat-Mon 1-3:30-6:45-9:15 Tue-Thu 6:45-9:15
Contagion (STC) Fri 7-9:20 Sat-Mon 1:30-4-7-9:20 Tue-Thu 7-9:20
Dolphin Tale (G) Fri 6:45-9:15 Sat-Mon 1:15-3:45-6:45-9:15 Tue-Thu 6:45-9:15
Dream House (14A) Fri 7:15-9:30 Sat-Mon 1:15-3:30-7:15-9:30 Tue-Thu 7:15-9:30
The Help (PG) Fri-Thu 7:15
Killer Elite (14A) Fri 7-9:30 Sat-Mon 1:30-4-7-9:30 Tue-Thu 7-9:30
Real Steel (PG) Fri 6:45-9:20 Sat-Mon 1-3:45-6:45-9:20 Tue-Thu 6:45-9:20
The Smurfs (G) Sat-Mon 1-3:30
What's Your Number? (14A) Fri 7-9:30 Sat-Mon 1:15-3:45-7-9:30 Tue-Thu 7-9:30

SilverCity Polo Park
815 St. James Street, 204-774-1001

50/50 (14A) Fri-Tue 12:50-3:10-6:20-9:10 Wed 12:50-3:10-10:20 Thu 12:50-3:10-6:20-9:10
Abduction (14A) Fri-Mon 1:10-4:20-7:15-10:15 Tue 4:20-10:15 Wed 1:10-7:15 Thu 4:20-10:15
Breakaway (STC) Fri-Thu 1:50-4:40-7:40-10:10
The Captains (STC) Thu 7
Contagion (STC) Fri-Thu 12:55-3:25-6:30-9:20
Courageous (PG) Fri-Mon 12:20-3:30-6:40-9:55 Tue 12:35-3:30-6:40-9:55 Wed-Thu 12:20-3:30-6:40-9:55
Dolphin Tale 3D (G) Fri-Tue 1:20-4:10-6:55-9:40 Wed 1:20-4:10-7:05-9:40 Thu 1:20-4:10-6:55-9:40
Dream House (14A) Fri-Sat 2-4:50-7:50-10:25 Sun 2-4:35-7:50-10:25 Mon-Tue 2-4:50-7:50-10:25 Wed 2-4:20-10:25 Thu 2-4:50-7:50-10:25
Esmeralda - Bolshoi Ballet (STC) Sun 1
The Ides of March (14A) Fri-Tue 1-3:50-7-9:50 Wed 3:50-7-9:50 Thu 1-3:50-7-9:50 Star & Strollers Screening Wed 1
Killer Elite (14A) Fri-Mon 1:40-4:30-7:30-10:30 Tue 1:40-7:30 Wed 4:30-10:30 Thu 1:40-7:30
The Lion King 3D (STC) Fri-Thu 1:30-4-7:10-9:30
Moneyball (PG) Fri-Sat 12:35-3:40-6:50-10 Sun 4:10-6:50-10 Mon-Thu 12:35-3:40-6:50-10
Peter Gabriel: New Blood Orchestra in 3D (G) Wed 7
Real Steel (PG) No Passes Fri-Thu 1:15-4:15-7:20-10:20
Real Steel: The IMAX Experience (PG) No Passes Fri-Thu 12:45-3:45-6:45-9:45
What's Your Number? (14A) Fri-Tue 12:40-3:20-6:10-9 Wed 3:20-6:10-9 Thu 12:40-3:20-10 Star & Strollers Screening Wed 1

SilverCity St. Vital
110-1225 St Mary's Rd, 204-256-3901

50/50 (14A) Fri-Sun 1:20-4:30-7:20-10 Mon-Thu 4:30-7:20-10 Star & Strollers Screening Mon 1
Contagion (STC) Fri-Sat 1:30-4-6:40-9:20 Sun 4-6:40-9:20 Mon 1:30-4-6:40-9:20 Tue-Thu 4-6:40-9:20
Dolphin Tale 3D (G) Fri-Mon 1:10-3:50-6:30-9:20 Tue-Thu 3:50-6:30-9:20
Dream House (14A) Fri-Mon 1:50-4:40-7:40-10:10 Tue-Thu 4:40-7:40-10:10
Esmeralda - Bolshoi Ballet (STC) Sun 1
The Ides of March (14A) Fri-Sun 1:40-4:20-7:40-10:20 Mon-Thu 4:20-7:40-10:20 Star & Strollers Screening Mon 1
Killer Elite (14A) Fri-Mon 1:10-4:30-7:30-10:10 Tue-Thu 4:30-7:30-10:10
The Lion King 3D (STC) Fri-Mon 1-4:10-6:50-9:30 Tue-Thu 4:10-6:50-9:30
Moneyball (PG) Fri-Mon 12:50-4-7:10-10:20 Tue-Thu 4-7:10-10:20
Real Steel (PG) No Passes Fri-Mon 12:50-3:50-7:10 No Passes Tue-Thu 3:50-7:10
What's Your Number? (14A) Fri-Mon 1:30-4:10-7-9:50 Tue-Thu 4:10-7-9:50

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THE JOYS OF PINK FLOYD

SOUND CHECK

ALAN CROSS
SCENE
@METRONEWS.CA

I fear for the future of high fidelity. With every passing month, we seem to be satisfied with sound that is merely good enough. Blame it on a decade of listening to squished MP3s through cheap ear buds.

In the Olden Days, my friends and I would descend upon stereo stores, pretending to be in the market for some new speakers. "Those JBLs look good. Could we hear them, my good man? And then let's A-B them with those Cerwin-Vegas. No, no — the ones with the 15-inch woofers. "

The salesperson would dutifully find the LP we suggested and place it on the turntable.

For the next 20 minutes, we'd be pummelled by sound, glorious sound. The sparkling highs.

The chest-crushing bass.

The sweet midrange.

Once the side of the record ran out, we'd promise to think about it and leave the poor salesman commissionless.

Again.

One of the albums we'd always ask for was Pink Floyd's Dark Side of the Moon because it was one of the best-produced and most carefully recorded albums of the era.

There was an emotional and physical thrill of hearing it through speakers that could handle the

thump of the heartbeat that leads into Breath, the deep bass stabs of Time and the definition of Clare Torry's voice on The Great Gig in the Sky.

The music caused dopamine to flood our brains, which is literally the same neurochemical response a heroin addict has when he gets a fix.

Today, though, MP3s and cheap ear buds have taken much of the fidelity out of music.

Even modern CDs sound worse than CDs that were released in the 1980s thanks to overuse of compression. We've forgotten how good recorded music can sound. Worse yet, many people have never experienced it.

That's why I urge everyone to go out and buy the new Pink Floyd remasters along with a very good set of headphones. Clear the credit card. I don't care how.

Dark Side is the ultimate album for headphone music. Turn down the lights and turn up the music. Marvel at the subtleties of the arrangements, the texture of the production and brilliance of the musicianship.

Notice how you react physically and emotionally. This is how good music can sound.

This is what excited people about music once. Surrender to it.

You may never use ear buds again.

Bieber to get some big-name help on Christmas album

GETTY IMAGES

It's only October, but Justin Bieber is already thinking about sleigh bells.

The Stratford, Ont., pop star will release the star-studded Christmas CD Under the Mistletoe on Nov. 1.

The album will feature several splashy collaborations, including a duet with R&B diva Mariah Carey on her hit song, All I Want For Christmas is You.

The 17-year-old Bieber will also mingle with his mentor Usher on The Christmas Song (Chestnuts Roasting on an Open Fire).

And the disc will feature collaborations with '90s R&B group Boyz II Men, rapper Busta Rhymes and country trio The Band Perry.

Under the Mistletoe will be a mix of traditional tunes — including Silent Night and Santa Claus is Coming to Town — and original material, some of which was co-written by Bieber.

The CD will hit stores in a standard form and in a deluxe version with four extra tracks and a DVD featuring behind-the-scenes footage.

It'll be released roughly a week after Bieber's fellow Canadian Michael Buble launches his own holiday disc titled Christmas, which will feature Shania Twain.

THE CANADIAN PRESS

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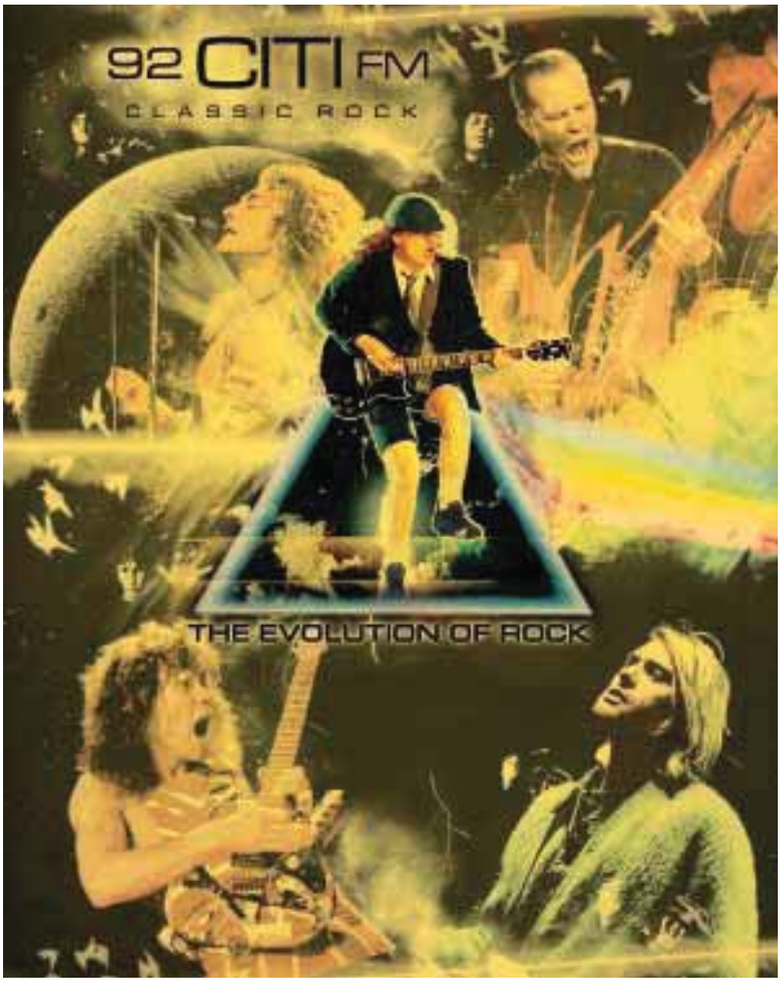

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Ed Helms: Why the Nard-Dog is now boss

Andy Bernard makes a surprise rise to the top at Dunder Mifflin — or is it a natural progression? Metro investigates Office politics

HEIDI PATALANO
SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

Andy Bernard always seemed like a loveable loser in the workplace of Dunder Mifflin.

Who knew that after four years of pushing paper on NBC's best-rated comedy, The Office, Ed Helms and his character would rise to the top, replacing Steve Carell's Michael Scott as regional manager?

Helms doesn't exactly know, but he and one of the show's creators and stars, Paul Lieberstein (a.k.a hapless HR manager Toby Flenderson) recently spoke about this season's transition.

There were rumours that you'd bring in new talent to take on Michael's role at Dunder Mifflin. How did you arrive at the decision to promote from within?

Lieberstein: The natural question was, should we continue after Steve Carell leaves? The answer was clear when we said, "Our cast is amazing and we don't need anybody else."

We still want to watch our cast. We still want to write for our cast.

Although different names were batted around at times, we never really considered changing the focus of the show to anyone else but our people.

> **"The natural question was, should we continue after Steve Carell leaves? The answer was clear when we said, 'Our cast is amazing and we don't need anybody else.'"**
> PAUL LIEBERSTEIN

Were members of the cast vying for that spot?

Helms: There was a lot of internal wondering and questioning what was next, "Who might be the next boss?" But I think it's a testament to the cast and the dignity of everyone involved that we all took a backseat to the creative considerations upstairs and were eager to support whatever decision came down.

What is it about Andy that made him the best person to be regional manager?

Lieberstein: He can take the role of father of the family, partly through insecurity and partly through genuine affection. He's really caring and interested and empathetic. Any problem that anyone is having, he would feel very deeply — which makes him suited to be a comic relief in the show.

Considering their office rivalry, what are Andy's plans for managing Dwight Schrute (Rainn Wilson)?

Helms: Dwight is someone who responds very well to a firm hand of leadership.

Andy is searching for that a little bit, but in that first episode we started to see the very first inkling of a backbone in Andy.

I'm excited about it because it makes Andy's leadership more plausible, and it also shows you where Andy has to go.

Dwight provides a constant friction for that.

MICHAEL BUCKNER/GETTY IMAGES

▶ Office buddies: Ed Helms and John Krasinski

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Ashton moves out

Friends deny it's because of his cheating

▶ Ashton Kutcher and Demi Moore

Ashton Kutcher has reportedly moved out of the home he shares with Demi Moore, according to Life & Style, though a source close to Kutcher says it has less to do with his current cheating scandal and more with trying to help his wife confront her own issues. "Demi had been sober for a long time — decades — but recently it's gotten bad," the source says. "He may have fooled around with this girl, but his wife is his priority. Ashton's trying to deal with Demi's problems."

METRO

Barrymore tying knot soon?

Drew Barrymore "is yearning to get married and have kids," a source tells Us Weekly. So it's a good thing that her boyfriend, Will Kopelman, has been considering proposing, possibly popping the question "around the one-year mark of their dating" this winter, the source says.

"He's madly in love and knows she's the one, but he just needs a bit more time." That takes care of marriage, but when it comes to babies, Barrymore may not be so patient: "I could see her getting pregnant before they get married," the source adds.

METRO

PHOTOS: GETTY IMAGES

▶ Johnny Depp

Depp apologizes for comment

Johnny Depp's comparison of having his photo taken to being raped didn't sit well with the Rape, Abuse and Incest National Network, according to Hollyscoop.

Depp had made the comment during an interview with Vanity Fair, and after the advocacy group made their concerns known, the actor was quick to apologize:

"I am truly sorry for offending anyone in any way. I never meant to. It was a poor choice of words on my part in an effort to explain a feeling," Depp said in a statement.

"I understand there is no comparison and I am very regretful. In an effort to correct my lack of judgment, please accept my heartfelt apology."

METRO

Mel C: Spice life wasn't so easy

Melanie Chisholm — or Mel C, as she was known in the Spice Girls — admits that the glare of media attention during the girl group's heyday caused her to become depressed and bulimic. "I was young and impressionable, and I found it hard to read about myself," she tells the Daily Mail. "The tabloids were cruel about my appearance."

METRO

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The Panache Production Team is recognized as an excellent source of talent for fashion show production for many organizations including the Jeanne Becker Show for the Children's Wish Foundation, the Children's Hospital and St. Paul's Show and the Wonderful Wedding Show.

Panache Model Management has an excellent reputation as an international agency and exports models to every major market in the world including New York, Miami, Milan, Paris, Germany, Japan and parts of Asia. The agency is known globally to be dedicated, highly skilled, professional and successful and Panache Models are sought after worldwide.

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A modern take on Thanksgiving staples

Aside from the turkey, stuffing and dessert are the most important foods of your feast ◗ For a new twist, replace tired sausage stuffing with Pear & Chestnut Stuffing ◗ Swap Pumpkin Pie for Pumpkin Mousse Cake

TONY SAXON/ THE CANADIAN PRESS

THE CANADIAN PRESS

▶ The stuffing will serve 12 to 16 people, while the mousse makes eight to 12 servings.

Whether you're looking to start your own tradition this Thanksgiving or are ready for a change from the tried and true, these delicious Pear and Chestnut Stuffing and Pumpkin Mousse recipes will have your family pleading for more.

Pear and Chestnut Stuffing

The sweet juiciness of pears keeps the bread moist and cooking the vegetable mixture helps to create an even flavour throughout the stuffing. Chestnuts add texture and the pre-roasted variety are easy to use.

Preparation:

1. In a large non-stick skillet, melt butter over medium-high heat and cook pears, onion, garlic, carrots, celery, sage and parsley for about 25 minutes or until softened and starting to become golden. Add chestnuts and stir to combine. Add bread and salt and toss to combine. (If your pears are not as juicy, you may need to add some turkey stock to moisten.) Scrape mixture into large baking dish, cover and bake in a 160 C (325 F) oven for 45 minutes. Remove foil and bake for about 15 minutes longer or until crisp on top and golden. **EMILY RICHARDS/ THE CANADIAN PRESS**

Pumpkin Mousse

Try this luscious new take on the traditional pumpkin pie. This cake is a perfect finale to a succulent Thanksgiving dinner. The walnut and pumpkin mousse filling with mascarpone cheese will have your family and friends asking for seconds.

Preparation:

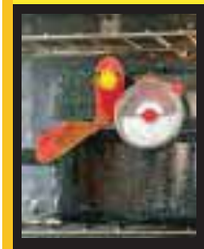
1. Preheat oven to 160 C (325 F).
2. In the work bowl of a food processor, combine graham crackers, sugar and butter and blend until mixture is the consistency of wet sand. Press crust mixture into bottom of a non-stick 23-cm (9-inch) springform pan. Bake 10 minutes or until crust is fragrant and golden brown. Set aside.
3. Sprinkle gelatin in 125 ml (1/2 cup) of the water, stir and let sit for 5 minutes. Boil remaining water, add to gelatin and stir until dissolved. In a separate bowl, whip the whipping cream until stiff peaks form and set aside.
4. In a large bowl, combine pumpkin pie filling, walnuts, mascarpone, honey, cinnamon and nutmeg, stirring well. Add gelatin. Fold in whipped cream until combined and pour mousse into springform pan. Gently shake cake pan to release any air bubbles and smooth out surface. **THE CANADIAN PRESS/WALNUTINFO.COM**

Shopping List:

Pear and Chestnut Stuffing
- 50 ml (1/4 cup) butter
- 4 Bartlett pears, cored and chopped
- 1 large onion, chopped
- 4 cloves garlic, chopped
- 2 carrots, chopped
- 2 stalks celery, chopped
- 45 ml (3 tbsp) fresh sage
- 45 ml (3 tbsp) chopped fresh Italian parsley
- 1 bag (300 g) roasted peeled chestnuts, chopped
- 2 l (8 cups) cubed sourdough or potato bread
- 1 ml (1/4 tsp) salt

Pumpkin Mousse Cake
- 32 graham crackers
- 30 ml (2 tbsp) dark brown sugar
- 125 ml (1/2 cup) butter, melted
- 30 ml (2 tbsp) gelatin powder
- 250 ml (1 cup) water
- 250 ml (1 cup) whipping cream
- 1 can (540 ml/19 oz) pumpkin pie filling
- 250 ml (1 cup) walnuts
- 250 ml (1 cup) mascarpone cheese
- 125 ml (1/2 cup) honey
- 5 ml (1 tsp) cinnamon
- 2 ml (1/2 tsp) nutmeg

Turkey safety



How do you know your turkey is safely cooked?

The safest way to be sure that your turkey is done is to check it with a meat thermometer.

Temperatures should reach minimums of 180°F (82°C) deep in the thigh and 165°F (74°C) in the center of the stuffing. **NEWS CANADA/ BUTTERBALL**

Scan this code for the top five "make it better" turkey tips.

A toast to the side dishes

PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA
TWITTER: @THEREALWINEGUY

If you're into wine, you have to love Thanksgiving. There's no gifts, no egg hunts and no dressing up. Thanksgiving is about food, family and a good bottle of vino.

Though roast turkey is the star, it isn't your main concern when it comes to a liquid marriage with your festive feast. All those side dishes that make a huge holiday meal special, influence the table more than the gobbler.

As grapes go, pinot noir is a classic match on the red side (think California) with chardonnay (one that's not too oaky from France or Canada) topping my list of whites.

If you want to think outside the bottle, a spicy white grape like gewürztraminer or a plush, floral grape like viognier are options.

In red, France's Beaujolais region is famous for its gamay-based wines with a rich, berry-fruited version like the strikingly packaged Georges Duboeuf 2010 Brouilly ($16.95 - $22.49) meaty enough to meet the turkey head on and soothing enough to make nice with all the fixings. **PRICES REFLECT THE RANGE ACROSS CANADA. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

Stuffing Tips

Stuffing Turkey
To stuff a turkey with the stuffing, you will need 1.75 l (7 cups) of stuffing for a 9-kg (20-lb) turkey; place remaining stuffing in a small casserole to bake alongside. Cook casserole with turkey for about 30 minutes or until crisp.

Stuffing Option
For a drier-textured stuffing, toast bread cubes before tossing. Place on baking sheet and toast in a 200 C (400 F) oven for about 10 minutes or until crisp. Let cool before tossing with vegetable mix.

ISTOCKPHOTO/THINKSTOCK

TAKE CONTROL OF YOUR MENTAL HEALTH

IN MANY WAYS, PRESERVING MENTAL HEALTH IS MUCH LIKE MAINTAINING A HEALTHY BODY

Strategies like going to the gym and eating properly help keep you mentally as well as physically fit.

And just like it's up to you to keep your heart and bones healthy, you also have to take control of your own mental health. "You own it; it's your mind, and you need to give it as much attention as you give to your physical body,' says Connie Krahenbil, Executive Director, Canadian Mental Health Association Manitoba, Winnipeg.

Managing stress is a big part of maintaining mental health, and each person has to discover the stress management approach that works best for him or her, says Krahenbil.

"Maybe your thing is going to the spa once a month, or maybe your thing is walking every day." She refers to the parable of the man who mentally hangs his troubles on a "worry tree" outside his house every day so they won't interfere with his family life.

The key is to find the right balance, says Krahenbil. Her own strategy is to make a conscious effort to turn off her Blackberry every evening, to meditate, to be outside in the fresh air, to find time to spend on herself, and to exercise as much as she can. "It doesn't have to be going to the gym; it could be something like gardening."

Getting enough sleep, too, is another "precious" ingredient to mental health, says Krahenbil, who takes steps to avoid sleep "getting behind me" because she knows what that can do to her overall health.

Just as with physical health, it's important to be committed to mental fitness and to incorporate these steps into your everyday life.

Recognizing when you need to "reach out" and talk to someone you trust is also important. Everyone has felt sad or blue at one time or another, but too often, you don't want to bother anyone so you withdraw, maybe cry alone in your room. But when you do talk to a friend, "you always feel 100 times better," says Krahenbil.

Sometimes these strategies aren't enough and you may need to seek out an expert. But this should be no different than someone who has diabetes, who has to see his doctor regularly and take insulin or other medications to treat the disease.

It's important to acknowledge that you have an illness and to accept it. "We all have our crosses to bear," says Krahenbil.

And it's important not to rely solely on medication such as antidepressants to make you well. "The work is up to you," says Krahenbil. "Taking those pills is just half of it, just like insulin is just half of it for a person with diabetes."

– Pauline Anderson

DID YOU KNOW?

JACK HOLLINGSWORTH/DIGITAL VISION/THINKSTOCK

- World Mental Health Day takes place on Monday. This year's theme is "investing in mental health."
- According to Health Canada, one in five Canadians will experience a mental illness in their lifetime. The remaining four will have a friend, family member or colleague who will.

MENTAL HEALTH A BASIC HUMAN RIGHT

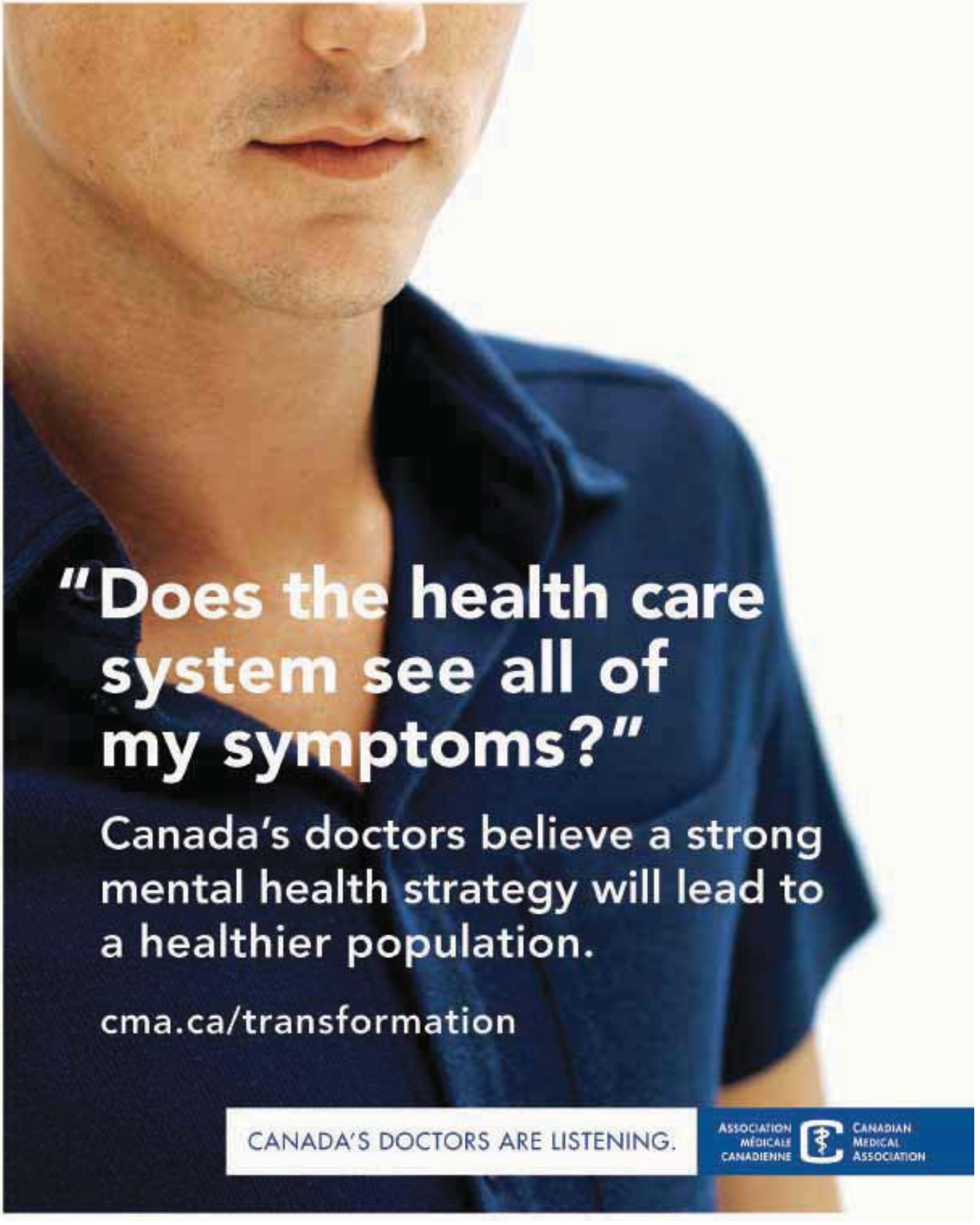
In the future, mental health will be viewed as a basic human right across Canada.

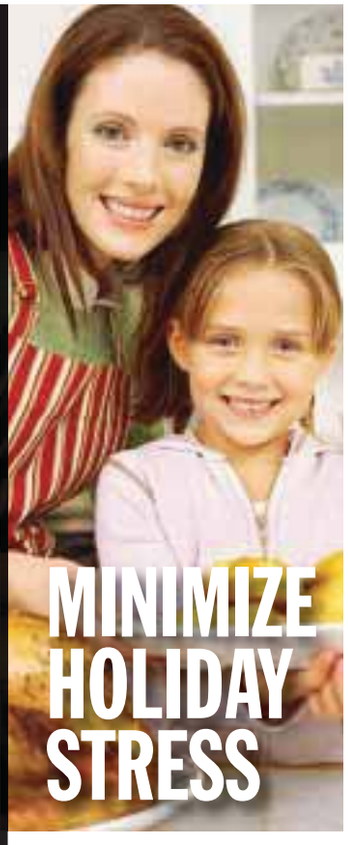
"Just as with physical disabilities and HIV/AIDS, mental health will be linked to human rights, empowerment, dignity and respect," says Peter Coleridge, National Chief Executive Officer, Canadian Mental Health Association (CMHA) Toronto.

Making this happen will need more than merely messages and campaigns "that in isolation, don't have a sustained impact," says Coleridge. It will also require changes in pubic policies, behaviours and attitudes to mental health in the work place, in schools, and elsewhere.

The CMHA vision for the future also includes the 120-plus CMHA regional offices not only continuing to respond to local mental health needs, but also working together in a synergistic way to improve understanding surrounding mental health issues.

Canada will soon have its own a national mental health strategy, says Coleridge.


"Does the health care system see all of my symptoms?"
Canada's doctors believe a strong mental health strategy will lead to a healthier population.
cma.ca/transformation
CANADA'S DOCTORS ARE LISTENING.
Association médicale canadienne
Canadian Medical Association



STOCKBYTE/THINKSTOCK

MINIMIZE HOLIDAY STRESS

It's Thanksgiving, a time to sit down for a traditional turkey dinner with family and friends. Sounds ideal. Trouble is, you're dreading it.

Here are some tips from Sandy Milakovic, Chief Executive Officer, Canadian Mental Health Association, Peel Branch, to minimize that mid-October stress.

LOWER YOUR EXPECTATIONS Remember that things don't have to be perfect.

SET PRIORITIES Pick your favourite thing to do — baking a pumpkin pie, for example — and get other people to organize the rest of the turkey dinner.

ASK FOR HELP (and accept the help that's given). Even very young members of the family can set the table — but don't complain if the forks aren't in the proper place.

BUILD SOME BREAKS INTO YOUR HOLIDAY To avoid being overwhelmed, spend time alone doing something you enjoy.

DON'T OVERINDULGE Alcohol is a depressant and loosens tongues, so you may say or do something you'll regret. And eating too much food can make you feel lethargic.

TAKE DEEP BREATHS This slows you down and allows you time to respond to a difficult situation.

STAY WITHIN YOUR BUDGET Finances are a huge stressor. Consider celebrating the holiday with something other than a sit-down dinner. Spending time with your family could mean going on a hike together.

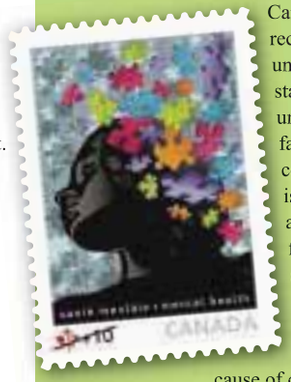
HELP OTHERS Volunteering at a food bank or donating clothing to families in need are guaranteed to boost your spirits and help you cope with any stressor that comes your way.

THINK OF THOSE WHO ARE ALONE Visit them or invite them over for something like a potluck dinner.

CALL FOR HELP IF YOU NEED IT If the holiday is making you feel depressed or down, call the crisis number in your community. Remember that feeling depressed is normal.

– Pauline Anderson

DELIVERING HOPE FOR MENTAL HEALTH



Canada Post recently unveiled a stamp that has a unique claim to fame. The company issues an annual fundraising stamp supporting mental health, its cause of choice. This year's stamp design was the first in the company's 160-year history to be chosen by public vote.

Last November, a competition was held to find a design for this year's stamp, which raises funds for the Canada Post Foundation for Mental Health. THE PUZZLE — designed by Terrebonne, Que., resident Miriane Majeau — received the most points and now adorns more than 3.5 million stamps available at post offices across Canada. A dollar from the sale of every booklet of 10 stamps is donated to the Canada Post Foundation for Mental Health.

"Dealing with mental health issues is like putting a puzzle together," says Majeau. "As you connect the pieces, something beautiful and whole is revealed."

Since 2008, Canada Post employees have helped raise nearly $5 million for the Foundation, and $4.6 million in grants has been disbursed to nearly 100 non-profit organizations across Canada.

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4 sports

Quoted

"The ones that I am really disgusted with ... are the bunch of pukes that fought before: Stu Grimson, Chris Nilan and Jim Thomson. (They say) 'Oh, the reason that they're drinking, (taking) drugs and alcoholics is because they're fighting.' You turncoats, you hypocrites."

DON CHERRY, SPEAKING ON HIS POPULAR COACH'S CORNER' SEGMENT, CHERRY CALLED OUT THE FORMER ENFORCERS FOR SUGGESTING THAT NHL PLAYERS WHO FIGHT ARE PRONE TO SUBSTANCE ABUSE.

Boston. Banner year

▶ The Boston Bruins raise their 2011-11 Stanley Cup championship banner on Thursday night.

ELSA/GETTY IMAGES

Bruins hoist banner with help from 1972 championship team

The Boston Bruins turned to their past to celebrate their most recent Stanley Cup victory, inviting Bobby Orr and other members of the 1972 champions to help raise the franchise's sixth banner to the TD Garden rafters.
After giving the local fans a chance to see the Cup passed from player to player — the Bruins won Game 7 in Vancouver, so that celebration was on the road — the banner was lowered from beneath the scoreboard. Waiting for it were Orr and a half-dozen teammates, including Johnny Bucyk, Pie McKenzie, Ken Hodge and Derek Sanderson. THE ASSOCIATED PRESS

Tiger-Cats chomping at the bit

Baggs says chance to play against hurting Bomber QB Buck Pierce is 'finger-licking good'

Hamilton's Stevie Baggs wants Winnipeg to know that Steeltown's got some swagger, too.

"Here's the deal. I'm going to put it out there," the Tiger-Cats defensive end said only half-jokingly.

"Don't just look at the sacks for this season. Look at the tackles, sacks, forced fumbles, fumble recoveries, interceptions, touchdowns, special team tackles. I'm talking about an all-round football player and I'm talking about Shakespeare."

Baggs, or "Shakespeare," was being egged on by Winnipeg media Thursday as the former Blue Bomber tried to make a case for being the best defensive end in the league.

The Ticats and the Bombers meet Friday night in Hamilton with a share of second place in the East Division on the line. Winnipeg comes in with an 8-5 record and a hurting starting quarterback in Buck Pierce, who missed last week's 32-26 loss to Montreal a with sore ribs.

BOMBERS TICATS

▶ **Time:** 6:30 p.m.
TV: TSN

The Bombers have lost four of their last five games and are hurting. They've lost all-star running back Fred Reid and linebacker Joe Lobendahn, among others, for the season due to injury.

Bomber head coach Paul LaPolice said getting a win is about more than the standings. He wants his team to get back on track, despite the injuries.

"The first thing is you try not to make excuses (about the injuries) and then you just say, 'Alright, let's get a game plan to win,'" he said.

Hamilton (7-6) has won two straight and has a new backfield tandem — Terry Grant was placed on the roster two games ago to join veteran Avon Cobourne. Grant rushed for 115 yards and one TD last week against Toronto.

THE CANADIAN PRESS

Pipes. Protector

▶ The Leafs' James Reimer prepares to face a shot against the Canadiens Thursday night.

CLAUS ANDERSEN/GETTY IMAGES

Reimer ices Habs in season opener

Matthew Lombardi scored in his first game in almost a year and James Reimer picked up right where he left off as the Toronto Maple Leafs got their season off to a winning start. Reimer stopped all 32 shots he faced for his fourth career shutout and Lombardi — who missed all but two games last season with a concussion — provided the only offence Toronto needed in a 2-0 victory over the Montreal Canadiens on Thursday night. Dion Phaneuf had the other goal for the Leafs, who also opened last season with a victory over Montreal. THE ASSOCIATED PRESS

Reynolds' time with Stamps appears to be up

CFL EXTRA POINTS

DAN TOTH
TORONTO@METRONEWS.CA

No matter how long one hangs around pro sports, it's never easy to see a great athlete pushed to the sidelines.

A stunning example is Calgary Stampeders running back Joffrey Reynolds, the team's all-time leading rusher who recently lost his starting job to Canadian Jon Cornish. Reynolds has had a great run (literally and figuratively) over the past eight seasons. The Texan, who has cracked the top-10 for all-time CFL rushing yards, has never missed a game due to injury. He has been benched the last two games to provide Cornish the starting role and now the veteran back may be finished at the ripe old age of 32. That's not old by most standards but in football, especially for running backs, it's borderline ancient. The Stamps deny shopping around Reynolds and it makes sense they'd keep him on hand as the playoffs approach.

"The Bombers, still in second place, need to regain that early season swagger heading toward the playoffs."

But Cornish had the best game of his career last week against Saskatchewan with 149 yards and two touchdowns, possibly signaling the end of an era.

Dire without Durant: The Saskatchewan Roughriders' slim hopes of slipping into a playoff spot will be dashed if QB Darian Durant's foot injury prevents him from playing against the Edmonton Eskimos Thanksgiving Monday.

Durant was injured last weekend against Calgary as the Riders dropped to a division-worst 4-9. There's still a glimmer of hope they could sneak up on the 7-6 Eskimos, who the Riders play twice in October.

But if little-used Ryan Dinwiddie, Durant's backup, is their hope for a resurgence don't count on it.

Bombers looking like duds heading into Hamilton: Can the Winnipeg Blue Bombers, so brash and outspoken during a 7-1 start, rediscover their form after losing four-of-five?

They'll get a chance Friday against their division rival Tiger-Cats with banged up QB Buck Pierce back after sitting out last week's loss to Montreal with sore ribs.

The Ticats, who trail Winnipeg by two points, also have injury problems. DB Milt Collins will likely miss Friday's game.

Hamilton is also without centre Marwan Hage, who has been hobbled by a sprained knee, and wide receiver Matt Carter, out with a concussion. It's not how either team wanted to go into such a critical game while the Bombers, still in second place, need to regain that early season swagger heading toward the playoffs.

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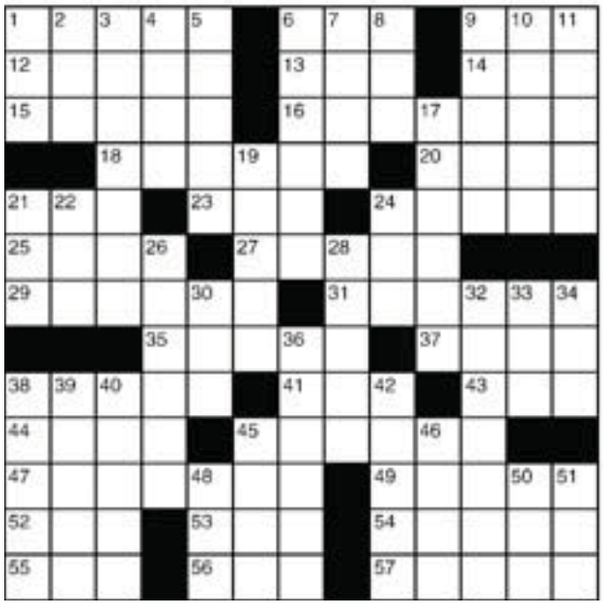
Crossword



Across

1 Door-frame parts
6 Carpentry tool
9 Explosive letters
12 End, NASA-style
13 "— Had a Hammer"
14 Travail
15 Craze
16 Tropical perennial herb
18 What a hothead may lose
20 "Casablanca" lead
21 — Khan
23 Skillet
24 Unruly hairdos
25 Greedy one's cry
27 Ritzy fiddle
29 Mars, e.g.
31 Zoroastrian sacred text
35 Puts on cargo
37 Urban pall
38 Rural home
41 Chances, for short
43 Storm center
44 Birds, to Brutus
45 Surgical tool
47 "Black Magic Woman" band
49 Mirror's offering
52 Family
53 Trail the pack
54 Money of Jordan
55 Cunning
56 Gorilla
57 Obliterate

Down

1 Predicament
2 "The — Daba Honeymoon"
3 Cyrus alter ego
4 Soft cheese
5 Postage
6 Mum
7 At a distance
8 Triumph
9 Clemens pseudonym
10 (For the) time being
11 Ship-building materials
17 Swaps
19 Rigatoni, e.g.
21 Rock band's need
22 Hodges of baseball
24 Dallas basketballer, for short
26 Sign up
28 Hoarse
30 Lo-o-ong time
32 "The Bartered Bride" composer
33 Plaything
34 Census statistic
36 Time of senility
38 Barrels
39 Use
40 Comic Jack
42 Playground fixture
45 Break suddenly
46 Mideast ruler
48 Chicken-king
50 Petrol
51 Prior to

▶ Yesterday's answer

Sudoku

5	1						6	2
			2		6			
9		2				7		8
		5	9		1	4		
	7						1	
		3	6		7	2		
4		1				6		9
			5		8			
3	2						4	7

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

7	5	4	2	3	8	9	1	6
3	9	1	6	5	4	7	2	8
6	8	2	1	9	7	4	5	3
5	1	6	7	4	3	2	8	9
2	7	8	9	6	1	3	4	5
4	3	9	8	2	5	1	6	7
1	6	3	5	7	2	8	9	4
8	4	5	3	1	9	6	7	2
9	2	7	4	8	6	5	3	1

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Junior, I love you baby. Last night walking to the beach and spending some much needed quality time together made my heart warm, I love everything your doing for me and I want you to know that I appreciate it. For once in my life, I really feel loved. Thank you. MWAH! <3 **WINTER**

Green Eyes Green Eyes, I love the way you make me feel ... Out of Control ... yet controlled by you... lets live the present .... Nothing is good for and bad ... .XOXO I neeeedddd youuuuu ! **LETS GO TO THE BECH!!!**

Goooodd Looookinng; not sure what the issue was but I know this much you always can find better cause better is a camoflage-miss us; our peace, our respect for each other; our great passion; your positive influence, your trust ... just miss us ... **THE ONE?**

A look at the weather

TODAY	SATURDAY	SUNDAY
Min 7° Max 10°	Min 4° Max 11°	Min 4° Max 12°

Jenna Khan, Weather Specialist

BT BREAKFAST TELEVISION

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6AM**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Today's Venus-Neptune link makes this a great day for friendships and affairs of the heart.

♉ Taurus April 21-May 21 You seem to be enchanted more by things than by people at the moment. Get your priorities right.

♊ Gemini May 22-June 21 Everything looks new and everything seems possible. In short, it's a great time to be a Gemini.

♋ Cancer June 22-July 22 Let others know what you're willing to put up with and what you consider is going too far — and mean it.

♌ Leo July 23-Aug.23 This is the kind of day when you must get out among people and let your exuberant Leo nature light up the world.

♍ Virgo Aug. 24- Sept. 22 If you have fallen out with someone recently, this is the perfect day to make amends.

♎ Libra Sept. 23-Oct. 23 You have so much good karma waiting to be used, and the planets signal this is the time to cash in.

♏ Scorpio Oct. 24-Nov. 22 Don't allow yourself to be intimidated by someone who thinks that ranting gets things done.

♐ Sagittarius Nov. 23-Dec. 21 You will gain more today by doing less — not just a little bit less but a lot less. Sit back and chill.

♑ Capricorn Dec. 22-Jan. 20 Your rivals will be awed by your ability to always finish ahead of them. You're a natural.

♒ Aquarius Jan. 21-Feb. 18 If you're tempted to judge someone of whose lifestyle you don't approve, remember: live and let live.

♓ Pisces Feb. 19-March 20. If someone whose judgment you trust offers you advice, you'd be wise to listen. **SALLY BROMPTON**

Caption contest

JIM BECKEL, THE OKLAHOMAN/AP

REED SAXON/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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LOOK AGAIN SPOT THE 10 DIFFERENCES IN THESE TWO IMAGES.

Toronto, Ontario –Sugar Beach. 2pm. Saturday afternoon. Time to round up the kids and hop back in the 2012 Chevrolet Orlando: the compact 7-seater. Then it's off to the carnival. Because with room for seven, flexible cargo space and excellent fuel-efficiency, the adventure never stops.

1. Removed chair under Umbrella 2. Extended pipe on tiled platform 3. Changed colour of tile in bottom left corner 4. Removed lug nut on the 2012 Chevrolet Orlando 5. Inverted colour on girl's dress 6. Added umbrella on beach
7. 2012 Chevrolet Orlando rear light under trunk door turned on 8. Changed colour of bucket girl is holding 9. Removed umbrella in front of the 2012 Chevrolet Orlando 10. Rear wiper positioned up on 2012 Chevrolet Orlando

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